



March

- 28 "Go Lean by Going Green" workshop*
- 29 Co-op Inventory, 9am (See below)
Seed Exchange at Traders Point Creamery, 10am-1pm

April

- 10 "The Passion of the Earth" eco-spirituality exhibit at Richmond Art Museum
- 16 Bulk ordering party at the Co-op, 7pm
- 24 Richmond honored as CLEAN community*
- 26 Earth Day Fair at Starr-Gennett building in the Gorge, 10am-2pm (See below)

May

- 10 World Fair Trade Day*

*More event information on back page

Clear Creek Food Cooperative

701 National Road West
Richmond, IN 47374-4095
765.983.1547

www.clearcreekcoop.org
co-op@clearcreekcoop.org

Volunteer Opportunities

Saturday, March 29, beginning at 9am Inventory and Work Day at the Co-op. Come for one to three hours and help us count and weigh the store merchandise for our quarterly inventory report. Also, it'd be great to get some important spring cleaning done during this time! Come help us give the Co-op (both indoor and outdoor) some loving care!

Saturday, April 26, 10 am - 2pm - **Family Earth Day** at the Starr-Gennett Building. Come represent the Co-op at our booth, sharing with visitors how being a member and shopping at the Co-op is an expression for you of taking care of the earth! One of the Managers or a Board Member will be there with you! Sign up for the 10-noon or noon-2pm slot!

Regular Volunteering - Talk to one of the Managers about volunteering

Grocery highlights

from co-managers Janelle & Jon Flory Schrock

Tova Boehm and Jessica Mansbach love baking bread - so much so, that this year they have volunteered their Sunday mornings (and sometimes Saturday evenings) to creating a variety of delicious breads for the Co-op's customers to enjoy.

With a background in baking at Panera Bread Co., Tova approached the managers last fall with a plan of providing fresh baked bread on Sundays, not only for the joy of baking, but also to contribute her talent to help draw more customers to the Co-op. Jessica soon joined to supplement the team, and the project has grown week by week.

These ladies' enthusiasm for good, hearty bread has made a huge impact on the Co-op's Sunday afternoon business, bringing bread lovers in to snatch up the sourdough, multigrain, country wheat and white, focaccia with a variety of veggies, cinnamon raisin walnut, and more. We express our deepest gratitude to Tova and Jessica for sharing their time, energy, and passion for baking to benefit the Co-op community! You exemplify the true cooperative spirit!

We have been so inspired and impressed by the success of Tova and Jessica's bakery, that we plan to continue the project through the summer months. Stay tuned to your e-mail updates for more on this!



With the recent work the board has done on revising the Co-op's mission statement, the General Managers have been looking for ways that the Co-op can more fully live into the statement: "We make every reasonable effort to buy and offer locally grown and created products that are produced and packaged in an environmentally sustainable and socially responsible manner."

One of our goals is to continue to replace brand names from further away with products created within our region. One company, whose products we are pleased to be introducing in the coming weeks, is Traders Point Creamery, located in Zionsville, IN, on the northwest corner of Indianapolis. In March, we made a trip to the creamery to determine whether their products would be a good fit for Clear Creek and were delighted by the integrity and intentionality we observed.

Traders Point is currently Indiana's only processor of 100% Certified Organic milk and the nation's only processor of 100% grass-fed organic milk. Their milk is a "creamline," or unhomogenized milk, meaning the good nutrients and fats stay in the milk, but separate naturally, leaving a layer of cream at the top of the bottle. They use an HTST (high temperature, short term) process of pasteurization.

In addition to milk, Traders Point offers yogurt in a variety of flavors, ice cream, and several European-style artisan cheeses. **Yum!** Their 4-6pm milking is also open to the public every day!



on a regular basis! Cleaning, stocking orders, filing, researching new, local products, managing our membership files, event planning, beautifying the Co-op...the possibilities are endless! Come help the Co-op expand and grow by utilizing your gifts and passions!

Please call the Co-op (983-1547) and talk to Jon or Janelle about volunteering at either of these events! Remember, volunteering as a member earns you an additional store discount (up to 15%) for the week you volunteer.

Store Hours

Monday - Thursday
11 am - 8 pm

Friday 11 am - 6 pm

Saturday - Sunday
12 pm - 5 pm

Summer Hours (beginning mid-May)
Tuesday-Saturday 12 - 7
Sunday and Monday Closed



How to Get the Most out of Bulk Buying

“Green Laundry?”

The Co-op is a small place and can't stock everything that you may want....but chances are, you can order it!

One great feature of the Co-op is the **bulk ordering program**. As Co-op members, we have the catalogs that the Co-op orders from at our fingertips. You can order products at wholesale price + 25%.

If you're looking for **items that you can't find elsewhere in town**, or if you're just looking for a **good deal on something that you use often** – try ordering.

Catalogs and order forms are displayed just to **right of the front door** when you come in. The Co-op staff is happy to answer questions or help with your order.

Aside from the main suppliers, the Co-op also has a produce supplier and a **special coffee ordering system** for your convenience.

Stop on by and try it!

The Co-op board will host a **bulk ordering party on April 16 at 7pm**. If

- you've never bulk ordered before,
 - you're interested in splitting an order,
 - you wonder what other great items can be found in all those pages,
- you'll enjoy the party!

Ordering Schedule:

every Thursday
United Natural Foods

every other Thursday
B & B Organics

once a month *Frontier*



Check out all the in-store bulk options, too! We will have a bulk buying event soon—come with all of your bulk questions.

When buying laundry detergent look for products that are *biodegradable, phosphate-free, chlorine-free & non-toxic*. Concentrated formulas mean that you use less product for the desired effect and they use less packaging, too. (You can get these products at the Co-op, and order even more through the Co-op!)



Reduce paper use while cleaning by substituting **Rags** for paper towels. If you mend your own clothes, you know there inevitably comes a time when you just can't add another patch. This is the time to make rags!

Unless you've been doing some serious sweating or working in dirty places, your laundry probably isn't that dirty. You can reuse wash water for a second (or third or fourth!) cycle by installing a simple system like this one.



Drying is the most energy-inefficient step of laundry. Even newer, power-saving dryers still waste energy and drive up your electric bill. As the weather gets warmer, **hanging clothes outside** to dry is quick and painless. In the winter, hang clothes inside on racks, shower rods, or whatever you can find!

and Janelle about how we can support them, and to identify what the organization can do to be more visible in the community, better serve its members, and live up to our values as an organization. We also have committees dedicated to these discussions and implementing specific programs, and they get together as needed between Board meetings.

Board Update from President Chris Hardie

And we want your help! As an organization that serves a wide-ranging community, we need a diverse Board that reflects the interests of our members and customers. Whether you are just learning about the Co-op or are a long time customer, please consider joining us to have a voice in how we operate, and help us in our planning to make the Co-op even better.

My hope is that the next time we survey our members, the Board will be a more recognizable and present part of how you experience this important organization. We're working hard to make that happen, but if you have suggestions, please contact me at board.president@clearcreekcoop.org.

In our recent member survey, we asked our customers and members what they thought of the impact and involvement of the Co-op's Board of Directors. Over half of those who responded said "N/A: Not Applicable" and most of the other responses indicated a neutral opinion. I think this reflects on the work that the Board needs to do to be more engaged with the Co-op's operations and membership, and to help you be more engaged with our efforts.

So what role do we play? The Board of Directors oversees the management and direction of the Co-op. We're a group of volunteers who meet on a regular basis to discuss long-term planning, financial priorities, staffing and other issues important to the success of the Co-op. We meet as a whole once a month to hear from Jon



Recipe

Sesame Noodles

One of the most beloved recipes from the Co-op cookbook (available for purchase), and a great way to welcome spring onions! Serves 4 as a main course.

- 1/4 c. soy sauce or tamari
- 2 T rice wine vinegar
- 1 T toasted sesame oil
- 1/2 t dried red pepper flakes
- 3 T tahini
- 1 clove garlic (minced)
- 2 t fresh ginger (peeled and minced)
- 3/4 lb. Linguine
- 1 c. shredded carrot
- 3 scallions (thinly sliced)
- 2 T toasted sesame seeds

Whisk together soy sauce, vinegar, oil, red pepper flakes, tahini, garlic and ginger.

Cook linguine in a large pot of boiling, salted water until just tender, then drain and rinse under cold water until cool. Toss with dressing, carrot, scallions and sesame seeds.

Welcome Spring!

All of these ingredients are available at the Co-op! (*Carrots and scallions only seasonally.*) You can also find local produce at either of Richmond's farmers markets, or at Abundant Acres farms. Ask at the Co-op about other local growers!

Stay tuned for Richmond's Farmers Markets, coming soon!

Tuesday evenings ~4-8pm

Depot parking lot

across from Joe's Pizza

Saturday mornings ~7-11am

City parking lot

across from Morrison-Reeves

Library



Produce

New CSA!
Abundant Acres Farm in Williamsburg works to "provide your family quality natural products grown only on site free of

chemicals, hormones or antibiotics." For 2008, Abundant Acres is offering a Community Supported Agriculture (CSA) program, with a variety of packages that offer vegetables, eggs, meats, soap, and more. They also offer:

- seasonal produce, chemical free
- all-natural brown eggs
- free range chicken and turkey
- goat milk and goat milk soap

For more information about the CSA and the Farm's other offerings, you can contact:

Kent, Dori, Alex and Cole Baxter
7445 Carlos Road
Williamsburg, IN 47393
Phone: 765-886-4491
E-mail: baxterdori@aol.com

"The Co-op is local, fun, and good to the earth." "Fun people, good atmosphere! Yummy wraps!" "I enjoy the employees; they are helpful and kind." "The Co-op has a terrific selection." - recent customer comments



Want to join the Clear Creek Co-op? Sign and return this (two-sided) membership form:

THANK YOU FOR SUPPORTING

CLEAR CREEK FOOD COOPERATIVE

Our mission is to provide healthy food at a reasonable cost to our members and to the wider community. We make every effort to offer food and products that are natural, whole organic, vegetarian, and environmentally friendly.

Responsibilities of members include: supporting the Co-op by doing business with it, providing needed capital, updating membership information in Co-op records, and bidding by policies and procedures properly adopted by the Co-op

Rights of members include: participating in membership meetings and elections, participating in the volunteer program of the Co-op, having access to Co-op records and financial information, communication opinions about the operation of the Co-op to the Board and management, and participating in any members benefits established by the management and Board.

Why you should become a part of a member-owned store providing food for life, not for profit:

Shopping at the Co-op is open to everyone, but members receive additional benefits:

1. Have a voice in running the store (see "Rights of members" above)
2. Take advantage of ordering through our supplier at significant discounts
3. 2% off every in-store purchase
4. Monthly member-only sales
5. Earn up to 15% discount by volunteering
6. Take part in the Co-op Meal Plan at a reduced rate through volunteering
7. Birthday bonus discount of 5% off.

Membership costs only \$10/year for individuals, \$7/year for each additional adult in the household benefiting from membership or shopping at the Co-op, and \$5/year for seniors over the age of 62.

Feel free to contact us if you have any questions about Clear Creek Food Cooperative or membership
765-983-1547
coop@clearcreekcoop.org

I have read the above statements and wish to apply for membership at the Clear Creek Food Cooperative, agreeing to abide by the rights and responsibilities outlined

Signature _____ Date _____



Eliminating waste adds value to your bottom line and makes your organization or business greener. Subaru of Indiana Automotive—one of the largest manufacturing plants in Indiana—saw value in eliminating waste and is now a “zero landfill” plant: None of their waste goes to a landfill. Instead, they have eliminated as much waste as possible and they have found markets that reuse or recycle what remained. Find out how SIA did it—and what it has meant to them in terms of savings and improved operations. Brent Lank, ISO 14001 Project Manager for SIA, will present SIA’s program during a **“Go Lean by Going Green” workshop on Friday, March 28**, in Richmond. For more information, contact the EDC at 765-983-4769.

Upcoming events

Clear Creek Co-op Board of Directors

- Leslie Bishop
- Jen Ferrell
- Anna Lisa Gross
- Chris Hardie
- Beth Harrick

- Kisha Jennings
- Gary Newton
- Sharon Newton
- Marie Cope Nicholson
- Jesse Snyder

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The Indiana CLEAN Community Challenge program challenges Hoosier cities, towns, and counties to make Indiana a cleaner, healthier place to live by taking part in a program that offers public recognition and financial incentives in exchange for implementing environmentally beneficial changes. Richmond has been named an Indiana CLEAN community and on April 24, IDEM Commissioner Thomas Easterly will conduct a dedication ceremony. For more information, contact the Richmond-Wayne County Environmental Awareness Council through www.RWEAC.org.

Participate in the upcoming World Fair Trade Day on **May 10**. World Fair Trade Day is an international celebration and promotion of Fair Trade, recognized throughout 70 countries worldwide, where Fair Trade supporters will host events including Fair Trade food tastings, concerts, fashion shows, and more. You can drink and buy fair trade coffee at the Co-op any day of the year!



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Membership Form

Name _____ Date _____
 Membership type: _____ Individual _____ Family _____ Organization _____
 Family/Group name _____
 Names of any additional members of this family or organization:

Mailing address _____ or EC Box _____
 City _____ Zip _____

Phone number _____
 Email address _____
 _____ Please **DO NOT** put me on the Co-op email list (receive weekly updates on specials, Co-op news, and more).

_____ EC/BTS/ECR student
 _____ Staff/faculty
 _____ Graduation year
 _____ General membership
 _____ Meal plan membership

Office use only:
 Amount paid _____
 Membership dates _____
 Staff/volunteer _____

